

WHEN YOU SMOKE WHILE PREGNANT,
THE CIGARETTE'S TOXIC BREW ENTERS INTO YOUR BLOODSTREAM,
YOUR BABY'S ONLY SOURCE OF OXYGEN.

You're not **only** eating for two,
you're **breathing** for two.



For more information or help contact the
American Legacy Foundation:
1800quitnow.cancer.gov/
A toll-free quit line (800)-QUITNOW (784-8669)